



## ISSUE AREA: HUNGER

# HIT HUNGER!



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generationOn

### What You're Doing

Organize a dodgeball tournament and charge participants a can of food as the admission fee!

### Why It Matters

48.1 million people in America are food insecure, meaning they do not always have enough food to keep them full and healthy. Many of these people face hard choices like choosing between buying groceries or paying bills.

### What You Need

- Facility such as a school gym or athletic complex
- Dodgeballs (around 7, depending on the number of participants). You may be able to get these donated or borrow them from school or neighbors
- Materials to make posters and flyers

### Additional Resources and Suggestions:

- Watch this [video](#) to see the impact your donations will have on food banks!
- There are some startling statistics on hunger that shock many people. Take a look at this [fact sheet](#) to learn more!

Item	Price
Paper	\$3.97
Markers	\$5.99
Tape	\$4.99
10" Rubber Playground Ball (7)	\$30.03
Trophy	\$10.00
<b>Total Cost</b>	<b>\$54.98</b>



## Here's How You Do It!

1. Get a group of friends, classmates, or a sports team together to help organize a dodgeball tournament. Tell them why collecting donations to end hunger is so important.
2. Decide which hunger relief charity will benefit from your project. This could be a soup kitchen, food pantry, or a senior center.
3. Think of the best place to host your dodgeball game. This should be somewhere that people can get transportation to easily. You could have it at a school gym, a local sports center or gymnasium, or an outdoor area such as a volleyball/tennis court. Ask the facility if they have balls you could use at your event.
  - a. If you have to buy dodgeballs, solicit local sporting goods stores, or department stores, for donations.
4. Ask participants to bring a canned good or two to the tournament. Their canned food donation will serve as their entrance fee.
5. Talk with your group about how you want to divide participants into teams and about how many members you want per team (7 per team is suggested).
6. Ask an adult to help by serving as referee, or take turns being the referee.
7. Choose the day and time of the event.
8. Make flyers and posters to advertise your dodgeball game, and remember to tell people it's for a good cause! Try setting up a table in the school cafeteria during lunch, or put it into the morning announcements.
9. Set up a roster which tells teams who they will be playing. [It should look something like this.](#)
10. Hold the event! Make sure to give a trophy or certificate to the winners.
11. Donate the goods you collected to whichever organization you chose and thank everyone for participating. Make sure to tell everyone how many pounds of food you collected, and what an impact it will have on the hungry in your community!

## Reflection

- How did your event help raise awareness of the issue of hunger?
- Did the tournament participants understand how they were helping others by participating?
- Are there other ways you can help fight hunger in your community?

MARCH 15 - APRIL 30