



LESSON PLANS



C&S
Wholesale
Grocers



generationOn

Make Your Mark on Hunger connects in grades K-12 to meaningful hands-on service during the holidays. Use these lesson plans from generationOn's curriculum partner [Learning to Give](#) to deepen your students' service experience.

Grade	Local	Global
<p>K-2</p>	<p><u>Selfless Sam</u></p> <p>This lesson introduces the students to concepts about homelessness, hunger and philanthropy. The students listen to a story about a Chinese boy who chooses to give his precious four dollars (“lucky money”) to a homeless man, setting the tone for initial discussions about selflessness, and ways to address hunger, and poverty. Focus Question: How might individuals and society address the issues of poverty, homelessness and hunger, and their underlying causes?</p>	<p><u>A Billion Hungry People</u></p> <p>This lesson includes a simulation that helps children understand the number of people in the world who are food insecure. The simulation generates empathy for the injustice of the unequal distribution of food. They learn that food is unequally distributed and discuss how they feel about taking action to address this issue. Follow this lesson with an action plan lesson, “Helping People Who are Hungry”</p>
<p>3-5</p>	<p><u>Making a Difference in World Health</u></p> <p>Students recognize examples of food waste and understand that waste has an impact beyond themselves. They learn that many people in the world do not have the choice of what to eat due to food insecurity. They read about a girl in Uganda whose hungry family received the gift of a goat through Heifer International. Students will brainstorm some ways that they can address local and global food insecurity and take action.</p>	<p><u>Helping Hands Across the World</u></p> <p>To raise awareness of the needs of others who are unable to provide a balanced nutritious diet for their own families is the basis of this lesson. It also introduces the Heifer Project, which provides families with resources and education so they can have nutritious food and earn a living within their own communities. Focus Question: How might individuals and society address the issues of poverty, homelessness and hunger, and their underlying causes?</p>

Grade	Local	Global
6-8	<p><u>Hunger and Your Community</u></p> <p>This is a student-centered PBL unit. Students explore food scarcity and abundance as they relate to issues of poverty, wealth and health. They identify a need in their community and explore ways that they might help reduce poverty, hunger, and ill-health there. Focus Question: How might individuals and society address the issues of poverty, homelessness and hunger, and their underlying causes?</p>	<p><u>Youth in Action for Global Health</u></p> <p>Students examine ways to address the issue of food insecurity related to their interests and understanding. They brainstorm service projects and use a decision-making model to choose a project. They implement their service project and reflect on their action.</p>
9-12	<p><u>Understanding Effectiveness</u></p> <p>In this lesson the learners will identify several advocacy strategies and draw conclusions as to their effectiveness. They will identify local, state, and/or national concerns that call for advocacy intervention and determine what a successful intervention strategy might look like. They will include these strategies in a plan to address their identified local, state, and/or national concern for hunger or another issue.</p>	<p><u>Making a Difference in the World</u></p> <p>Learners distinguish between the many different approaches to hunger in the United States and abroad by looking at governmental versus nonprofit programs. They describe the importance of nongovernmental organizations (NGOs) in dealing with the problem of hunger and reflect on the importance of philanthropic actions in solving the problems of hunger in the world.</p>



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